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Letters

Where is the Action Plan?

Your journal is quite fantastic. An especially helpful addition would be action plans. Regarding the article Educating India, (Apr. 1999), what can we Vedic people do to help rectify this injustice? Who can we contact? Is there a database of important leaders that we can call, email, fax, etc. to lend our moral, spiritual, emotional and financial support? Insight without action leaves the soul unfulfilled.

Shraddha Mahaveer

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* Shraddha, thank you for this excellent suggestion. We try when possible to provide access to action resources. For lists, contact:

a) American Hindus Against Defamation

--Ajay Shah ([integral](#)) ahad@hindunet.org

b) Indian American Intellectuals Forum

--Prof. Romesh Diwan, ([integral](#))

diwanr@rpi.edu

c) Foundation for the Advancement of Arts and Sciences of India

--Prof. Ravi Kulkarni ([integral](#)) aarsi@aol.com

Pejawar is in Karnataka

We eagerly wait Hinduism Today's arrival, with its brilliant articles. Your magazine is worth its weight in gold. Choodi Shivaram's Educating India (Apr. 1999) is well researched and succinctly reported. We found one error: "Sri Vishvesha Theertha Swamiji of Pejawar Monastery" is in Udupi, Karnataka State and not in Kerala as printed.

Sunanda and Uppunda V. Bhat

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Wider Coverage is Better

I was very happy to see the March cover story giving so much prominence to ayurveda (Rediscovering Ayurveda, Mar.

1999.) Unfortunately the article was on one institution rather than on ayurveda in general. Your correspondent could have done better justice to the intent to propagate ayurveda by contacting a larger number of institutions and individuals.

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ayurveda@vsnl.com

Root Cause of Animal Sacrifice

I tend to disagree with Maneka Gandhi when she states that "discussion of animal sacrifice

should be divorced from religion" (Animal Sacrifice, Apr. 1999.) The root cause of animal sacrifice is the misinterpretation of religion by Hindu priests, who deliberately or ignorantly misguide their clients. Animal sacrifice flies in the face of the basic tenet of Hinduism, ahimsa parmo dharmah ("Nonviolence is the supreme religion"). Even Manu Smriti, often cited to justify animal sacrifice, takes a very dim view of animal slaughter: "Meat can never be obtained without injury to living

creatures....shun the use of meat (5.48). He who permits the slaughter of an animal, he who cuts it up, he who kills it, he who buys or sells meat, he who cooks it, he who serves it up, and he who eats it, must all be considered as the slayer of the animals." (5.51)

Pradeep Srivastava
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More Than Relaxation!

Readers need a counterweight to the hypothesis that hatha yoga was ever intended to serve the visible purpose of reducing "stress." Yogic postures and "diaphragmatic breathing" are meant for the realization of the Absolute by harnessing dormant powers within the human body and by accumulating tapas. The practice of hatha yoga must be restricted to

adherents to the Hindu philosophy that, by intense effort, the individual soul can merge into an impersonal "Ocean of Being." Otherwise we will convert the fabulous gifts of ancient India into a New Age faddish facade, like Chinese T'ai Ch'i Ch'-uan /Chi Kung has become in the absence of any true understanding of Taoist philosophy.

Arun Kapila

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Beauty and Simplicity

I have seen so many magazines and newspapers of Hinduism but Hinduism Today is the greatest. You have

really mastered the
balance between beauty
and simplicity.

Bala Segaran

hbsegaran@hotmail.com

Ayurveda, World
Health System

"Ayurveda, India's
Affordable Health
System" (Mar., 1999),

prompts me to add that ayurveda can also be the world's health system. An important aspect of this is adapting the ayurvedic energetic model to local herbs and foods. Dr. Vasant Lad and David Frawley started this work years ago. By using local

herbs and foods, ayurveda will remain affordable in any country. My own five years experience practicing ayurveda in Europe shows that this local adaptation, in most cases, gives better results to the patient. This shows the greatness, the

universal nature and vision of the rishis who developed the methodology of ayurveda, which remains as valid today as ever.

Atreya Smith

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Hindu Temples

Must Educate

During the last two decades, many Hindu temples have come up in America. But temples are custodians of Vedic heritage and have onerous duties, not

limited to ritual
worship alone. Their
real test lies in how
far they are able to
spread Vedic literacy
among the youth.
They need spiritual
awakening and
temples have to
fulfill this obligation.
Temple trustees

need to focus on
Vedic literacy
through Bal Vihar,
Sunday schools, Gita
classes. Living in a
multi-racial and
materialistic
Western society, left
to themselves, the
youth are likely to
pursue false

identities of life, not
relevant to Vedic
culture and Hindu
ideology.

Ved Vyas
Gandotra
Maryland, USA

Siddeshvari
Devi Right On!

What a wonderful message to humanity. I am distributing it to all the Southern Christian people who work with me. That Car Won't Bring You Happiness, Minister's Message, (Mar. 1999) They enjoy

receiving your
Minister's Message
whenever I come
across such a
powerful one. Many
acharyas taught
"Happiness is in
you." But they don't
explain what it
means. Sushri
Siddeshvari Devi

correctly identified
that Happiness.
Devi's simple
message to young
and old alike is an
eye-opener. That
part of soul
identified with the
Brahman is endless
bliss which is
residing in you. Seek

that happiness. My children understood this message and its truth as explained to them in their desire for the materialistic things. I cannot believe a 39-year-old young saint can give such a powerful message

that touched our
hearts deep inside. I
believe it's a God's
message through
this saint.

Bala

Subramanian

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Corrections

* Maneka Gandhi's husband, Sanjay, died in an airplane accident. He was not assassinated as stated on page

34 of our April
issue article,
Animal Sacrifice.

* The scholar in the
white shirt of the
second photo of
page 33, Om

Muruga! (May,
1999 was not
Patrick Harrigan,
but Alexander
Dubianski of
Moscow State
University.

Letters, with
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