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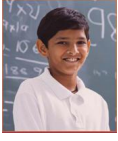








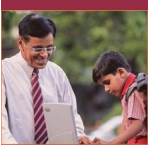
- 3) as a grandparent, semi-retired, devoting more time to religious pursuits and community programs while guiding one's offspring and their children;  
4) as the physical forces wane, withdrawing more and more into religious practices.



1. Student, age  
12-24  
Brahmacharya  
Ashrama



2. Householder, age  
24-48  
Grihastha Ashrama



3. Senior Advisor,  
age 48-72  
Vanaprastha  
Ashrama



4. Religious  
Devotion, age 72 &  
onward  
Sannyasa Ashrama