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BOOK EXCERPT

Nandin

365 Aphorisms for a Truly  
Spiritual Life, From Living with Siva,  
By Satguru  
Sivaya Subramuniaswami

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'These  
aphorisms describe how

people lived and interrelated with one another when life was simpler, when families and villages were close-knit, and love and peace, respect and wisdom prevailed.'

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I  
n the following article you will find 365 aphorisms, each four lines long. These Nandin